# Household Debt and Inequality in the United States, 1950-2019

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#### Motivation

- U.S. household debt grew 4-fold relative to income since the end of WWII
- Ongoing debate about potential drivers of debt boom goes to the heart of theories on savings behavior
  - 1. Standard theory postulates positive relationship between permanent income and debt
  - 2. Debt boom explanations link stagnant incomes and rising inequality to indebtedness implying a negative relationship
  - 3. Debt increase reaction to asset markets and capital gains and independent of individual income growth
- What role does household debt accumulation play for consumption and savings decisions?



#### Contribution

- Use novel long-run household data on income, assets, and debt to address driving forces of the debt boom
- Comprehensive history of U.S. household debt and its distribution since 1950 (SCF+)
- Contrast income and debt trends by income, age, and education
- Quantify the role of capital gains and home equity extraction for debt boom
- Document secular shift of life cycle of debt and inter-generational differences in debt growth and equity extraction

#### Results

- Lockstep growth of income and debt until 1970s and broad-based decoupling since then
- Despite stagnant incomes, American middle class (50%-90%) main contributor to the debt increase since 1950
- After 1980, home equity extraction driver of debt accumulation but middle class was never wealthier than at peak of debt boom
- Babyboom generation (1945-1954) with most home equity extraction over time
- Debt accumulation and capital gains have become an integral part of household savings decisions in the 21<sup>st</sup> century



#### SCF+ Data

30-34

- SCF+ data combine historical Survey of Consumer Finances (1949-1977) with modern SCF data (1983-2019)
- Household-level data on joint distribution of income, debt, and wealth
- Detailed household balance sheet information on different asset and debt classes
- Micro data consistent with macro trends

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Project # 42
                                                                   Card III
Col. No.
23-27
              Income from wages and salaries: (Add amounts entered after
             questions 33, 34, 35) (in farm schedule, item 44a)
              Code the amount in dollars
             00000. No income from wages and salaries
             Y0000. Income from wages and salaries exceeds $99,999
             X0000. Income from wages and salaries not ascertained (code
                     here if Schedule II contains only a total at the bottom
                     of the page)
           - Income from wages and salaries, in class intervals:
             1. 31-3499
             2. $500-$999
             3. $1,000-$1,999
                 $2,000-52,999
             5. $3,000-33,999
                 84,000-34,999
                $5,000-87,499
                 87,500-39,999
             9. $10,000 and over
             O. No income from wages and salaries
             X. Income from wages and salaries not ascertained
             Did you (R and SU) receive any money from interest, dividends,
             rents, trust fund, or royalties? (Question 37) (Farm Schedule

    Yes, received income from this source; less than $100
    Yes, received income from this source; $100-499

             3. Yes, received income from this source: $500-1,999
             4. Yes, received income from this source: $2,000-4999
                            $5000 or over
             O. No. did not receive income from this source
             X. Not ascertained whether received income from this source
```

Income from interest, dividends, royalties, rents, trust funds,

business, professional practice: (Add amounts entered after questions 37, 39, 40, 41, 43 minus 42; Farm Schedule 44b)

Code the amount in dollars

MY000. Negative income \*

00000. No income from these sources Y0000. Income from these sources larger than 399,999\* X0000. Income from these sources not ascertained

- Income: wages and salaries, professional practice and self employment, rental income, interest, dividends, business and farm income, transfer payments
- 2. Assets
- 3. Debt
- 4. Wealth

#### 1. Income

 Assets: liquid assets (CDs, checking, saving, call/money market accounts), housing and other real estate, bonds, stocks, mutual funds, corporate and non-corporate equity, retirement accounts

#### 3. Debt

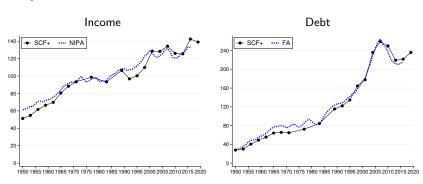
#### 4. Wealth

- 1. Income
- 2. Assets
- 3. **Debt:** housing debt, car loans, education loans, and loans for consumer durables, credit card debt, and other non-housing debt
- 4. Wealth

- 1. Income
- 2. Assets
- 3. Debt
- 4. Wealth: consolidated household balance sheet

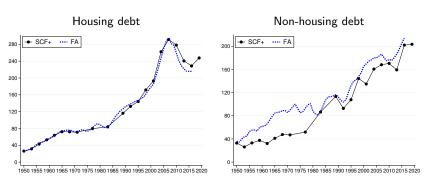
#### Macro trends from micro data

- Aggregated micro data match macro growth trends
- Micro data informative about underlying distributional dynamics



#### Macro trends from micro data

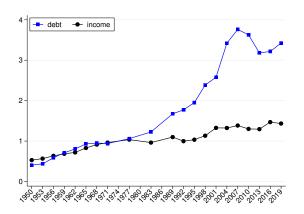
- Aggregated micro data match macro growth trends
- Micro data informative about underlying distributional dynamics



#### PSID data

- Supplement SCF+ cross sectional data with panel data from Panel Study of Income Dynamics (PSID)
- PSID provides data starting in 1968 (SRC sample)
- Wealth data start in 1984 but housing values and housing debt covered from the start
- Panel data allow tracking debt increase at the household level
- PSID and SCF+ align closely for aggregate debt trends

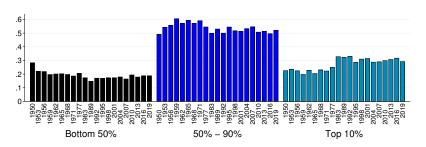
# U.S. household debt and income growth



- Income and debt grow in lockstep until 1970s
- Divergence of debt and income growth after 1970s

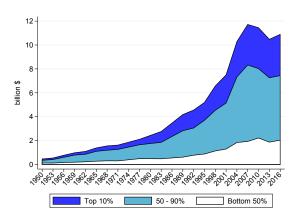
#### Distribution of debt

- Middle-class households owe 50% of total debt
- Top 10% with slightly increasing debt share over over time
- Bottom 50% with decreasing share and less than 20% of total debt after 1980

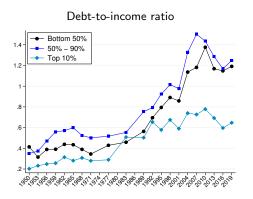


#### Distribution of debt

Middle class main contributor to the debt boom since 1950

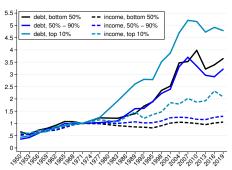


 Secular rise in debt-to-income ratios across the entire income distribution

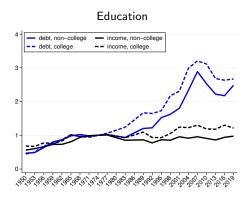


• Since 1970s diverging trends of debt and income by income

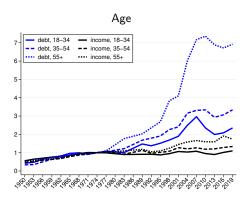




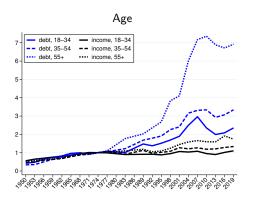
 Since 1970s diverging trends of debt and income by income, education



 Since 1970s diverging trends of debt and income by income, education, or age



 Since 1970s diverging trends of debt and income by income, education, or age

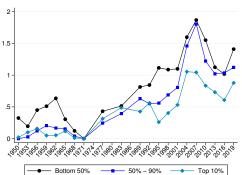


General decoupling of debt from income growth over last 40 years

# Capital gains and debt dynamics

- SCF+ offer comprehensive data on household balance sheets
- Large capital gains for bottom 90% in the housing market

#### Change of housing-to-income ratio



- Home equity extraction allows realizing capital gains without selling the house
- Rely on PSID to quantify role of home equity extraction
- Identify four household groups in PSID data

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  - 1. **Extractors** (Bhutta and Keys (2016)) are households who
    - (a) did not purchase a new home
    - (b) increased nominal mortgage balance by more than 5%

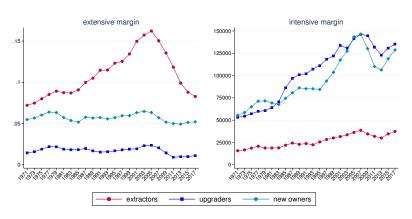
- Home equity extraction allows realizing capital gains without selling the house
- Rely on PSID to quantify role of home equity extraction
- Identify four household groups in PSID data
  - 1. Extractors
  - 2. **Upgraders** are households who
    - (a) were homeowners before
    - (b) bought a new house
    - either explicitly state upgrading as a reason to move or moved to a home with more rooms

- Home equity extraction allows realizing capital gains without selling the house
- Rely on PSID to quantify role of home equity extraction
- Identify four household groups in PSID data
  - 1. Extractors
  - 2. Upgraders
  - Downgraders are households equivalent to upgraders (downgrading as reason or fewer rooms)

- Home equity extraction allows realizing capital gains without selling the house
- Rely on PSID to quantify role of home equity extraction
- Identify four household groups in PSID data
  - 1. Extractors
  - 2. Upgraders
  - 3. Downgraders
  - 4. New owners are households who
    - (a) bought a house
    - (b) were no homeowners in the previous two surveys

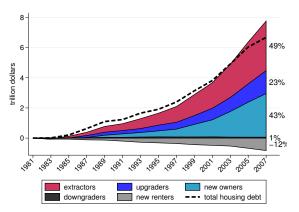
### Household types over time

- Extractors largest group with large extraction amounts
- Share of new owners and upgraders constant but with increased borrowing over time



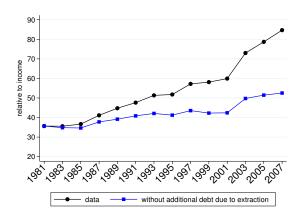
#### Contributions to the debt increase

- Decomposition captures 90% of the debt increase since 1980
- Equity extraction alone accounts  $\approx 50\%$  of debt increase
- Upgraders account for another 23% of the debt increase



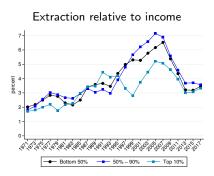
# Home equity extraction and the macroeconomy

 Without home equity extraction 2007 debt-to-income ratios 30pp lower than observed

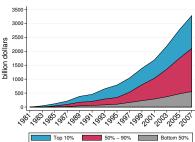


## Equity extraction by the middle class

- Until 1980s, home equity extraction between 2% and 3% of annual income
- Increase to almost 7% for the middle class by 2007
- Middle class accounts for lion's share of extracted home equity



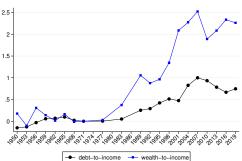
#### Contribution to extraction boom



## Wealth richer middle class despite higher debt

 Despite large equity extraction and rising debt levels, middle class was never wealthier than at peak of the debt boom

Change in wealth- and debt-to-income ratios

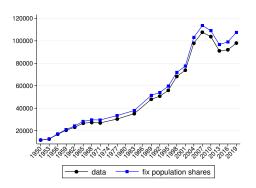


## Aging and the debt boom

- Indebtedness tightly related to the life cycle of households
- Young households buy houses using debt and repay over time
- Aging society shifts distribution to lower debt levels
- Equity extraction increased debt during later part of life
- New owner on average 34-years old, extractors on average 47-years old

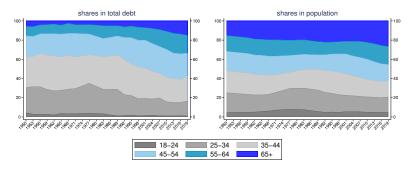
# Aging population and the debt boom

- Fixing population shares of age groups to 1950 level has little effect on aggregate debt boom
- Small composition effects imply changes in life cycle of debt



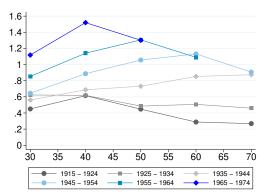
# Graying of U.S. household debt

- Share of retirees' debt increased more than their population share since 1980s
- Debt share of households younger than 45 years declined from 60% to 40% within 30 years with little change in population share



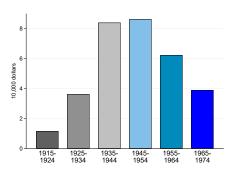
# The changing life cycle of U.S. debt

- Oldest cohort shows declining debt-to-income profile
- Profiles start "turning" around 1980 with start of equity extraction boom
- Young households enter more indebted after 1980



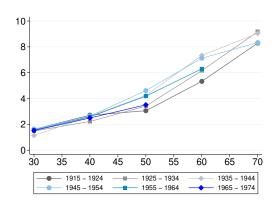
# Equity extraction across generations

- Differential exposure to capital gains and potential to extract equity across cohorts
- Babyboomer cohort (1945-1954) extracted on average most home equity over time
- About twice as much as their parents (1925-1934) or their children (1965-1974)



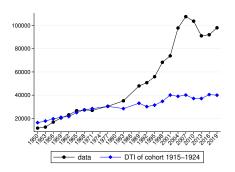
# Equity extraction across generations

- Babyboomer cohort (1945-1954) actively extracted equity and accumulated debt
- Despite rising debt levels one of the richest cohort among six generations of U.S. households



# Debt like grandma and grandpa

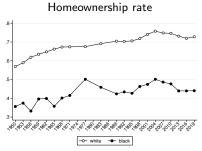
- Oldest cohort (1915-1924) enters post-1980 debt boom at age 60
- Construct counterfactual of aggregate debt boom using debt-to-income profiles of oldest cohort
- Counterfactual debt today only at 40% of observed debt level

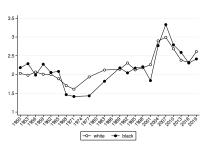


#### The debt boom and race

- Large and persistent differences in wealth between black and white households
- Different homeownership rates connect black and white households differently to the debt boom

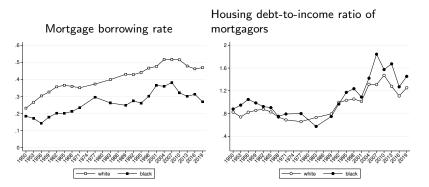
Housing-to-income ratio of homeowners





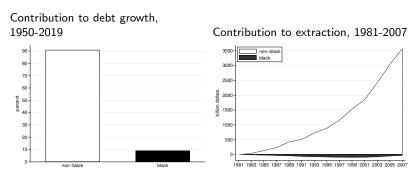
### The debt boom and race

- Homeownership differences also show up in participation in mortgage markets
- No differences in borrowing conditional on participation between black and white households



## Contribution of black households to debt boom

- Lower participation and a persistent income gap make black households account for little of aggregate debt
- Contribution to the macroeconomic debt boom from black households very small



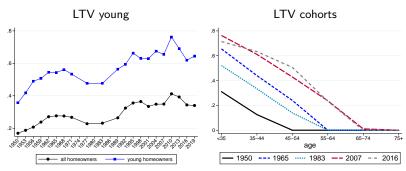
### Conclusions

- Household debt accumulation has become integral part of household savings decisions in the 21<sup>st</sup> century
- U.S. middle class owe 50% of all household debt
- Half of the debt increase after 1980 from home equity extraction
- Babyboomers (1945-1954) extracted lion's share of home equity
- Driver of the debt boom are middle-class households borrowing against rising asset values

# Household Debt and Inequality in the United States, 1950-2019

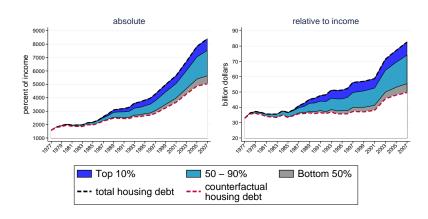
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## Higher debt for young households

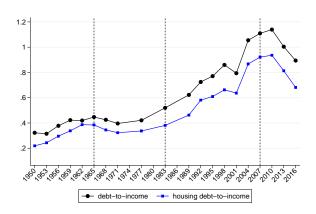


The left panel shows average housing debt relative to average housing for all homeowners and homeowners with a head below age 35. The right panel shows average LTV by age in 1950, 1965, 1983, 2007 and 2016.

# Macroeconomic effects of equity extraction



• Split debt boom into four phases

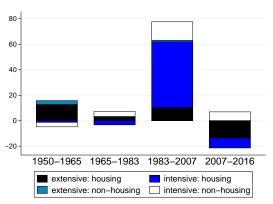


Decompose drivers of debt-to-income changes during each phase

$$d_{i,t} - d_{i,t-1} = \underbrace{\left(s_{i,t}^{H^+} - s_{i,t-1}^{H^+}\right) \ d_{i,t-1}^{H^+}}_{\Delta \text{ extensive housing}} + \underbrace{s_{i,t}^{H^+} \left(d_{i,t}^{H^+} - d_{i,t-1}^{H^+}\right)}_{\Delta \text{ intensive housing}} + \underbrace{\left(s_{i,t}^{N^+} - s_{i,t-1}^{N^+}\right) \ d_{i,t-1}^{N^+}}_{\Delta \text{ extensive non-housing}} + \underbrace{s_{i,t}^{N^+} \left(d_{i,t}^{N^+} - d_{i,t-1}^{N^+}\right)}_{\Delta \text{ intensive non-housing}}$$

 $s_{i,t}$ : share of HH with positive debt of group i in period t  $d_{i,t}$ : (positive) debt level of group i in period t H: housing debt N: non-housing debt

Decompose drivers of debt-to-income changes during each phase



- Decompose drivers of debt-to-income changes during each phase
  - 1. Housing debt main driver of the debt boom

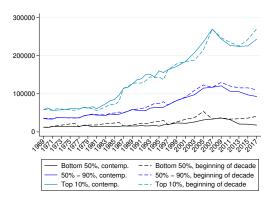
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  - 1. Housing debt main driver of the debt boom
  - 2. Extensive margin boom from 1950-1965
  - 3. Intensive margin boom from 1983-2007
- How did the debt boom vary across the income distribution?

# A small detour: group stability

- SCF data based on synthetic cohort approach
- PSID data follows households over time
- Difference in income trends are small



 Home equity extraction single most important driver of debt boom

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- Extraction boom after 1986

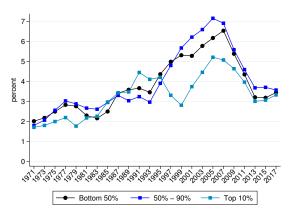
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- Home equity extraction single most important driver of debt boom
- Extraction boom after 1986
  - Tax changes lead to abolition of consumer debt interest deductibility
  - Debt portfolios reshuffled from consumer debt towards housing debt
- Upgraders account for 35% of the debt increase
- Extractors and upgraders: (housing) consumption response accounts for 88% of debt increase



- Bottom 90% with largest wealth gains from house price boom
- Wealth gains mirrored in extraction activity
- In 2007 equity extraction at 7% of annual income



ullet Dynamics of a household's debt-to-income ratio  $d_t$ 

$$d_{t+1} = (1+g)^{-1}((1+r)d_t - s_t)$$

with g income growth and  $s_t$  amortization/extraction flows

$$\Delta d_{t+1} \approx ((r-g)d_t - (1-g)s_t)$$

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- Additional equity extraction  $\Delta s_t$  translates linearly in debt-to-income
- Example: 3% additional equity extraction over 10 years increases debt-to-income by  $\approx 30pp$